

KNOW YOUR BALLS... CHECK 'EM OUT!

Understanding Testicular Cancer

Questionnaire

Name:

Q1. Are men aged 15-35 or 65-85 more likely to get testicular cancer?

- A. 15-35 C. neither
 B. 68-85 D. both

Testicular cancer is the most common cancer among young men

Q2. Is testicular cancer becoming more or less common?

- A. more C. neither
 B. less D. it doesn't matter, it won't affect me

It's twice as common as 20 years ago

Q3. Are prosthetic balls safe?

- A. yes C. don't know
 B. no

If a patient is fitted with a prosthetic testicle, it is 100% safe

Q4. What's the most common symptom of testicular cancer?

- A. a lump in the balls C. a headache
 B. an ache in the balls D. there are no symptoms

But not all lumps are cancerous

Q5. Are the brothers of men with testicular cancer more or less at risk themselves?

- A. more C. neither
 B. less D. don't know

Their risk is 9 times greater

Q6. How often should men check their balls for lumps?

- A. once a day C. once a year
 B. once a month D. never

It's best done in the bath or shower

Q7. What percentage of men with testicular cancer survive?

- A. 1% C. 95%
 B. 50% D. 100%

It's one of the easiest cancers to treat

Q8. How quickly will the GP send me to the hospital?

- A. within two weeks C. within six weeks
 B. within a month D. within a year

In the vast majority of cases a suspected tumour will be acted upon quickly and efficiently

Q9. Does having a mobile phone raise my chances of getting cancer?

- A. yes C. we don't know
 B. no

As yet there is no evidence that mobile phones increase the likelihood of testicular cancer

Q10. Does a healthy lifestyle affect cancer?

- A. no C. yes
 B. we don't know

Exercise and a balanced diet helps to fight cancer